

# River Rally 2011

**Labor Day weekend**

**Friday – Sunday**

**September 2-4**

**How Community**



**Shapes Culture**

**Hosted by First Christian Eugene**

**Keynote • rafting • hiking • worship • fun!**

**Register with your youth minister &  
check us out on fb: "River Rally 2011"**



# River Rally September 2-4, 2011

First Christian Church, 1166 Oak Street, Eugene, OR 97401  
541-344-1425(church office) 541-954-8981 (cell contact for Pastor April)

## What IS River Rally?

If you have never been to River Rally – Welcome! We spend Friday night playing games and getting reacquainted. Saturday morning we rise nice and early for breakfast and then it's off to the McKenzie for all day rafting (a nature hike/hot tub soak for those who refrain). The rafting company provides lunch on Saturday. We leave the McKenzie around 4pm and head to the Eugene YMCA for showers, return to FCC for a fabulous dinner and keynote worship, followed by games, movies, and leftovers. Sunday morning we join our New Celebration worship service at 9:30 am and after closing circle we all sleep on the way back home! Can't wait to see you at FCC Eugene!

## What to Bring

### General

Sleeping Bag

Pillow

Air mattress or pad for more comfortable sleeping

Personal toiletries (shampoo, soap, toothbrush/paste, etc) – we shower at the YMCA.

Clothing:

**Be comfortable! T-shirts, shorts, and layers for varying weather.** Bring at least 2 changes of clothes: one to be dry after rafting and another for Sunday morning worship.

2 towels (one for showering & one for swimming/rafting)

Hat & Sunglasses (buy strings to keep from losing your sunglasses in the river!)

Sunscreen

Water Bottle

Bible

### For Saturday Activities

**Hikers:** bring boots or strong tennis shoes, bug spray/repellent, water bottle

**Hot Springs Soakers:** swimsuit, towel

**Rafters:** layer your clothing – swimsuit, shorts, shirt, sandals and rain gear.

TRY NOT to wear jeans, socks, or cotton clothing. (These hold water and you will be VERY cold!) The rafting company asks for your clothing sizes so they can provide wet suits and water repellent layers. Wool & synthetic blends are good to wear.

#### Guide to River Apparel Sizes

| SIZE    | HEIGHT   | WEIGHT  |
|---------|----------|---------|
| XS      | 4'11-5'3 | 80-150  |
| S       | 5'2-5'6  | 100-130 |
| M       | 5'5-5'8  | 125-160 |
| L       | 5'7-6'0  | 150-190 |
| XL      | 5'10-6'2 | 180-205 |
| XXL     | 6'1-6'4  | 195-220 |
| 3XL     | 6'3-6'5  | 215-230 |
| 4XL-5XL | over     | 230-450 |
| Yth M   | 4'3-4'4  | 67-75   |
| Yth L   | 4'4-4'7  | 70-80   |

**Please do not bring valuables or anything you do not want to lose. Cameras & cell phones should not go on the raft with you.**



### **River Rally Parental Permission**

I give permission for (youth's full name) \_\_\_\_\_ to participate in all the planned events of River Rally 2011 which is organized, planned, and/or sponsored by the youth ministry team of the First Christian Church, Eugene, OR. I also give my permission for my son/daughter to receive transportation to and from events by an approved adult volunteer or a paid staff member.

I understand I have been informed of the event planned, special clothing or supplies needed and the costs involved. I accept the responsibility of getting my son/daughter to and from the church on time for events and for having him/her dressed appropriately.

Recognizing that the adults sponsoring the events do everything possible to provide for the safety and supervision of my youth, I hereby release the sponsors/chaperones, the paid staff and First Christian Church (Disciples of Christ) in Eugene, Oregon from any liability regarding any incident that may arise during a youth event.

Sign \_\_\_\_\_ Date \_\_\_\_\_

### **Permission for Emergency Medical/Dental Care**

In the event that I/we cannot be reached in an emergency, I hereby give permission to the physician or dentist chosen by the sponsors to secure proper treatment, hospitalize, order injections, tests, anesthesia and/or surgery as deemed necessary for (Youth's full name) \_\_\_\_\_

Sign \_\_\_\_\_ Date \_\_\_\_\_

### **River Rally Youth Covenant (To be Signed By the Youth)**

I agree to participate fully in River Rally Eugene and to cooperate with the adult leaders, other participants, and group guidelines set by the leaders. I also agree to stay inside the building during evening events held at First Christian Church. I will refrain from smoking, consuming alcoholic beverages or illegal drugs while at River Rally. I understand adult leaders are obligated to report possession of alcohol and illegal drugs in any form. If I do not abide by the River Rally policies, I understand that I may be sent home at my parent's expense.

Youth Signature \_\_\_\_\_ Date \_\_\_\_\_

# 2011 RIVER RALLY REGISTRATION FORM

First Christian Church, 1166 Oak, Eugene, OR 97401

## PLEASE PRINT CLEARLY

Name \_\_\_\_\_ M \_\_\_ F \_\_\_ Adult \_\_\_ Youth \_\_\_ Grade in Fall \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

E-mail Address \_\_\_\_\_ On Facebook? \_\_\_\_\_ Prefer Email or Phone?

Home Congregation \_\_\_\_\_ Youth Leader/RR Sponsor \_\_\_\_\_

## Information needed for rafting company (see attached guide)

T-shirt size \_\_\_\_\_

Pant size \_\_\_\_\_

Shoe size \_\_\_\_\_

## REGISTRATION & FEES

**Registration Deadline: Friday, August 19, 2011 (no refund after 8/26)**

Registration & Full Day Rafting Youth \$115 Adult \$90 \$ \_\_\_\_\_

Registration, Hiking, & Belknap Springs Youth \$ 50 Adult \$20 \$ \_\_\_\_\_

T-shirt Youth/Adult \$12 \$ \_\_\_\_\_

(add \$2 for XL, \$3 for XXL)

TOTAL FEES..... \$ \_\_\_\_\_

(please address checks to First Christian Church Eugene)

## EMERGENCY CONTACT INFO

Parent/Guardian Name \_\_\_\_\_

Phone Numbers

1. H: 4.
2. W: 5.
3. C: 6.

Parent/Guardian E-mail Address \_\_\_\_\_

## HEALTH INFORMATION

Insurance Company \_\_\_\_\_

Name of Policy Holder \_\_\_\_\_ Policy Number \_\_\_\_\_

Physician Name/Phone number \_\_\_\_\_

Dentist Name/Phone number \_\_\_\_\_

Please detail any medical information we should be aware of:

Allergies/Asthma \_\_\_\_\_

Medications currently taking \_\_\_\_\_

Medical Conditions \_\_\_\_\_

Physical limitations \_\_\_\_\_

Dietary Restrictions \_\_\_\_\_

OTHER \_\_\_\_\_

# HIGH COUNTRY EXPEDITIONS

59296 Belknap Sp. Rd. PO Box 387, McKenzie Bridge, Oregon 97413

1-888-461-7238

## ASSUMPTION OF RISK AND LIABILITY RELEASE: READ BEFORE SIGNING

TRIP DATE: \_\_\_\_\_ TRIP TYPE: \_\_\_\_\_ RIVER: \_\_\_\_\_

**PARTICIPANT'S AGREEMENT TO ASSUME THE RISK OF PERSONAL INJURY AND PROPERTY DAMAGE ASSOCIATED WITH RAFTING, FISHING AND WATER RELATED ACTIVITIES AND TO RELEASE HIGH COUNTRY EXPEDITIONS OWNERS, EMPLOYEES AND AGENTS, THE FOREST SERVICE, THE BUREAU OF LAND MANAGEMENT AND THE U.S. GOVERNMENT FROM ANY AND ALL LIABILITY IN CONNECTION WITH PARTICIPATION IN WATER SPORT ACTIVITIES: RAFTING AND FISHING**

**THIS AGREEMENT IS A RELEASE OF LIABILITY AND AN EXPRESSED ASSUMPTION OF THE RISK. PLEASE READ BEFORE SIGNING. DO NOT SIGN THIS DOCUMENT IF YOU DO NOT UNDERSTAND OR DO NOT AGREE WITH ITS TERMS.**

1. I have asked to participate in the water activity of rafting and/or fishing with High Country Expeditions. I understand rafting and float fishing are sports that have certain inherent risks associated with them, including falling from a raft or kayak, drowning, encountering natural dangers such as rapids, logs, trees, rocks, shallow water, deep water holes and man made hazards such as bridges and equipment failure.
2. I understand that serious injury and death can result from the above stated risks associated with rafting and fishing. I expressly assume the risks set forth in paragraph one on my behalf and on the behalf of minor children. I understand that accidents or illness can occur in remote places without medical facilities and I expressly assume these risks. I understand that rafting and fishing like all outdoor activities involve the risk of exposure to inclement weather, which can result in personal injury, property damage and death. I understand that rafting can be a strenuous activity, which should not be participated in by persons with heart or cardiovascular ailments. I represent that myself and my family are in good health and physically, and mentally capable of participating in rafting and/or fishing activities. I understand that any route or activity chosen as part of our outdoor adventure may not be the safest, but has been chosen for its interest. I understand that the activities of rafting and fishing and other hazards and exposures connected with the outdoors do involve a risk of injury, death, and property damage.
3. I expressly assume the risks of personal injury, death and property damage which may result from my participation and my minor children's participation in rafting, fishing and water related activities as set forth in paragraph one and two above, and waive and release any claims based on negligence or breach of warranty I might assert on my own behalf or on behalf of my minor children, against High Country Expeditions, their owners, agents and employees, the U.S. Forest Service, the Bureau of Land Management and the U.S. Government of personal injuries, death and/or property damage sustained while participating in rafting, fishing and water related activities with High Country Expeditions.
4. I understand that the signature of a parent or guardian of a minor child on this document shall make all provisions of this release and assumption of the risk agreement applicable to and binding on the minor child.
5. I further agree on my own behalf and on behalf of my minor children to hold harmless and indemnify High Country Expeditions, their owners, agents and employees, the U.S. Forest Service, Bureau of Land Management and the U.S. Government for personal injury to others or for property damage which results from my own use or my minor children's use of rafts, kayaks and related equipment provided by High Country Expeditions and our participation in rafting, fishing and water related activities.
6. I agree that any claim, action or lawsuit relating to personal injuries, death and/or property damage, as a result of participation in rafting, fishing and water related activities with High Country Expeditions shall be brought in Lane County, Oregon.
7. This Agreement shall be legally binding upon heirs, my assigns, legal guardians, personal representatives and me. I have carefully read this agreement and understand its contents. I am aware that I am releasing certain legal rights that I otherwise may have and enter into this agreement on behalf of myself and/or my minor children of my own free will. My signature on this document indicates that I have read the entire document, understand it completely and agree to be bound by its terms.

1. NAME \_\_\_\_\_ SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

If under 18, parent or guardian signature \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE ( ) \_\_\_\_\_ FAX ( ) \_\_\_\_\_ E-MAIL \_\_\_\_\_

